

# The Breakfast Program at LCA:

## Goals of the Program:

- To increase accessibility to nutritious foods at school
- To contribute to improved student achievement and wellness
- To enhance the school climate for students arriving early to campus

## Service Times:

Mon, Tues, Thurs, Fri: 7:30 to 7:55

Wednesday: 7:30 to 8:50

## Door Price: \$2.50

- Breakfast is eligible for free and reduced-price benefits. Reduced price: \$0.30
- Charge cafeteria account. No cash accepted.
- Bottled water is included in the meal price.
- No preordering.

***Choose 3 to 4 items and include at least 1 fruit.***



### **FRUITS:**

100% Juice  
Whole Fresh Fruit  
Applesauce  
Craisins



### **GRAINS:**

Muffin  
Pop-Tart  
Whole-Grain Rich Cereal  
Strawberry Nutri-Grain Bar  
Cinnamon Toast Crunch Bar  
Strawberry Yogurt Chex Mix  
Scooby Doo Cinnamon Graham Sticks



*On Wednesdays Only:*  
Waffles, French Toast, Frudel  
(Hot breakfast entrées count as 2 items.)

### **DAIRY:**

Chocolate, Strawberry, and Unflavored Milk  
Fruit Yogurt  
Mozzarella String Cheese



**If you have any questions, please email [cafe@lcastn.org](mailto:cafe@lcastn.org).**

**LAKEWAY**  
CHRISTIAN ACADEMY

This institution is an equal opportunity provider.